

PHYSIOTHERAPY

PHYSIOTHERAPY SERVICES AT WINGFIELD CLINIC

The physiotherapist at the Wingfield Clinic deals specifically with the diagnosis, treatment and prevention of physical disorders, especially conditions of the musculoskeletal system. These include Low back Pain, Neck Pain, Headaches, Sciatica, Knee Injuries, Sports Injuries, Carpal Tunnel, Trapped Nerves, Arthritis, Hip Pain, Spondylosis, Whiplash Syndrome and Repetitive Strain Injuries.

WHAT IS INVOLVED?

You will be given a physical examination designed to detect and identify any physical function problem that may be the result of mechanical, physical or mental stress. This incorporates a thorough evaluation of posture, gait and function, together with an examination of the spinal and peripheral joints, and the muscular and neurological systems.

TREATMENT

If indicated, the musculoskeletal and neurological systems are adjusted and balanced using a number of techniques, including specific manipulation, selective exercise and postural advice. Various electro-therapeutic modalities and acupuncture may be employed in an integrated treatment programme or in their own right.

SPECIFIC SERVICES

- * Spinal manipulation
- * Peripheral manipulation
- * Electrotherapy
- * Rehabilitation exercise programme
- * Acupuncture
- * Personal exercise prescription
- * Sports specific screening/assessment
- * Orthotic prescription
- * Ergonomic workplace risk assessment
- * Biomechanical evaluation

GENERAL INFORMATION

- * Approved medical insurance provider
- * Direct self referral
- * GP and specialist referral

AVAILABILITY

Physiotherapy is available at the Wingfield Clinic. Phone for the days and times of the practitioner.

PRACTITIONER

Ivor Field, MCSP, Chartered Physiotherapist, registered with The Health Professional Council Practising at The Wingfield Clinic